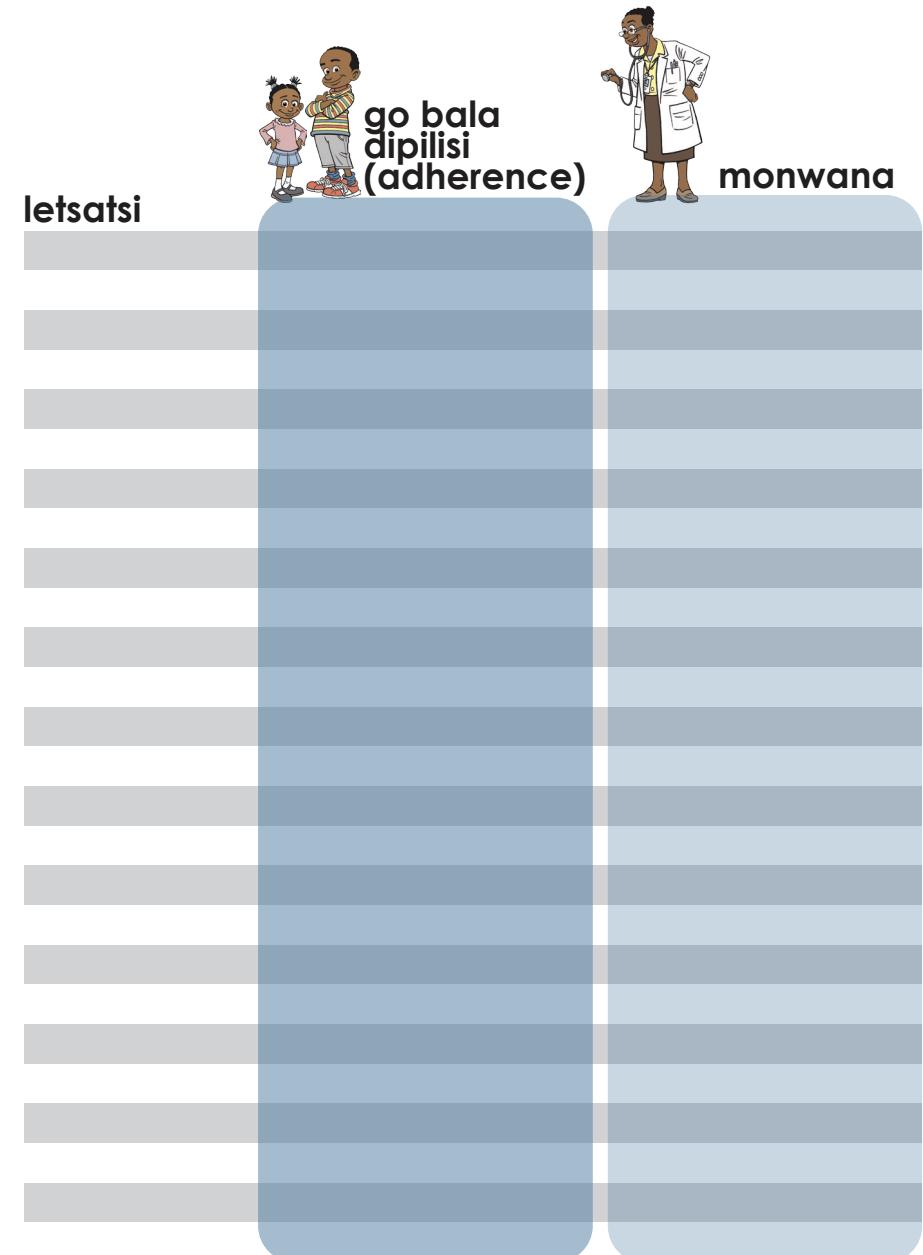
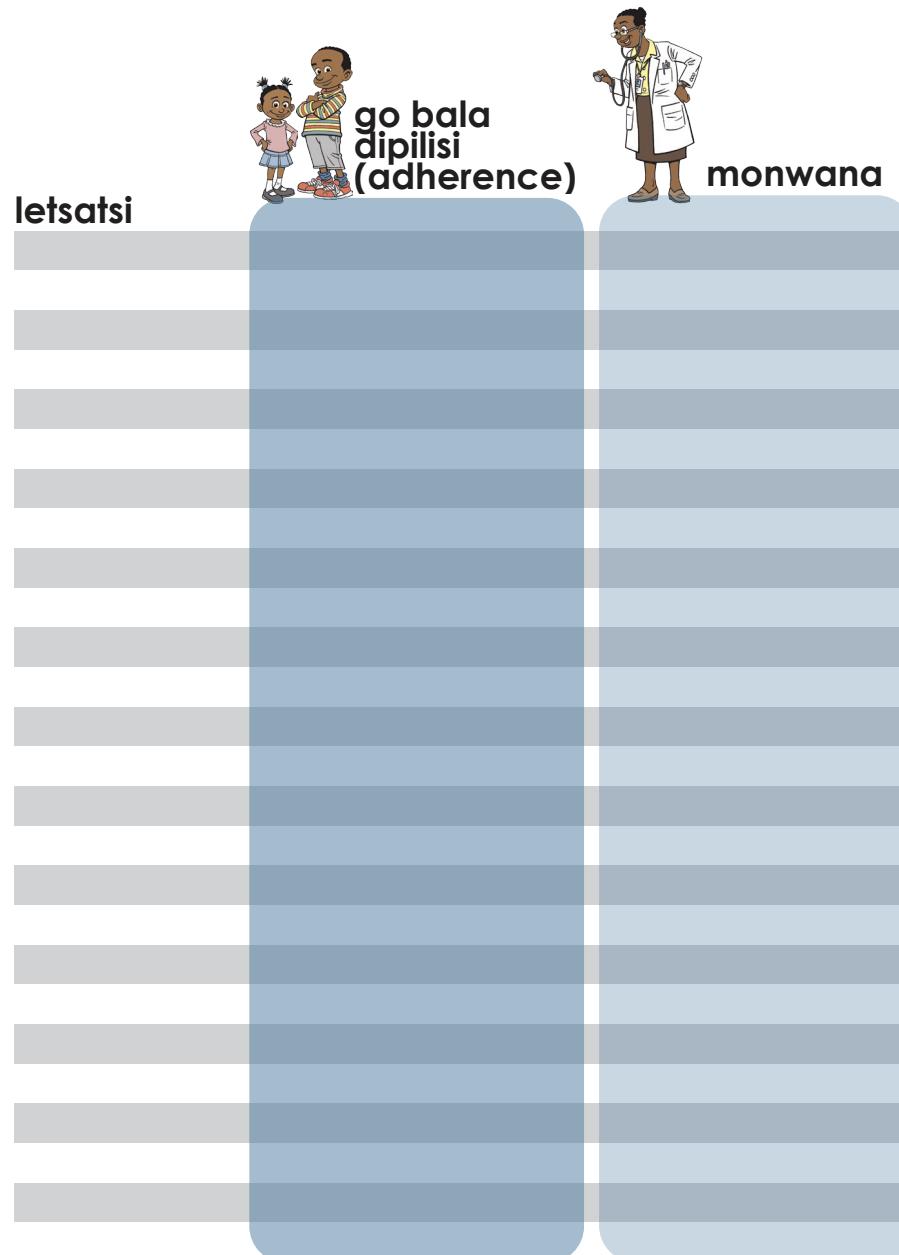


Buka e ke ya ga...



Baylor College of Medicine and Texas Children's Hospital, both located in Houston, Texas, operate a network of clinical centers that focus on child and family-centered healthcare and education in 6 countries in Africa as well as Romania.



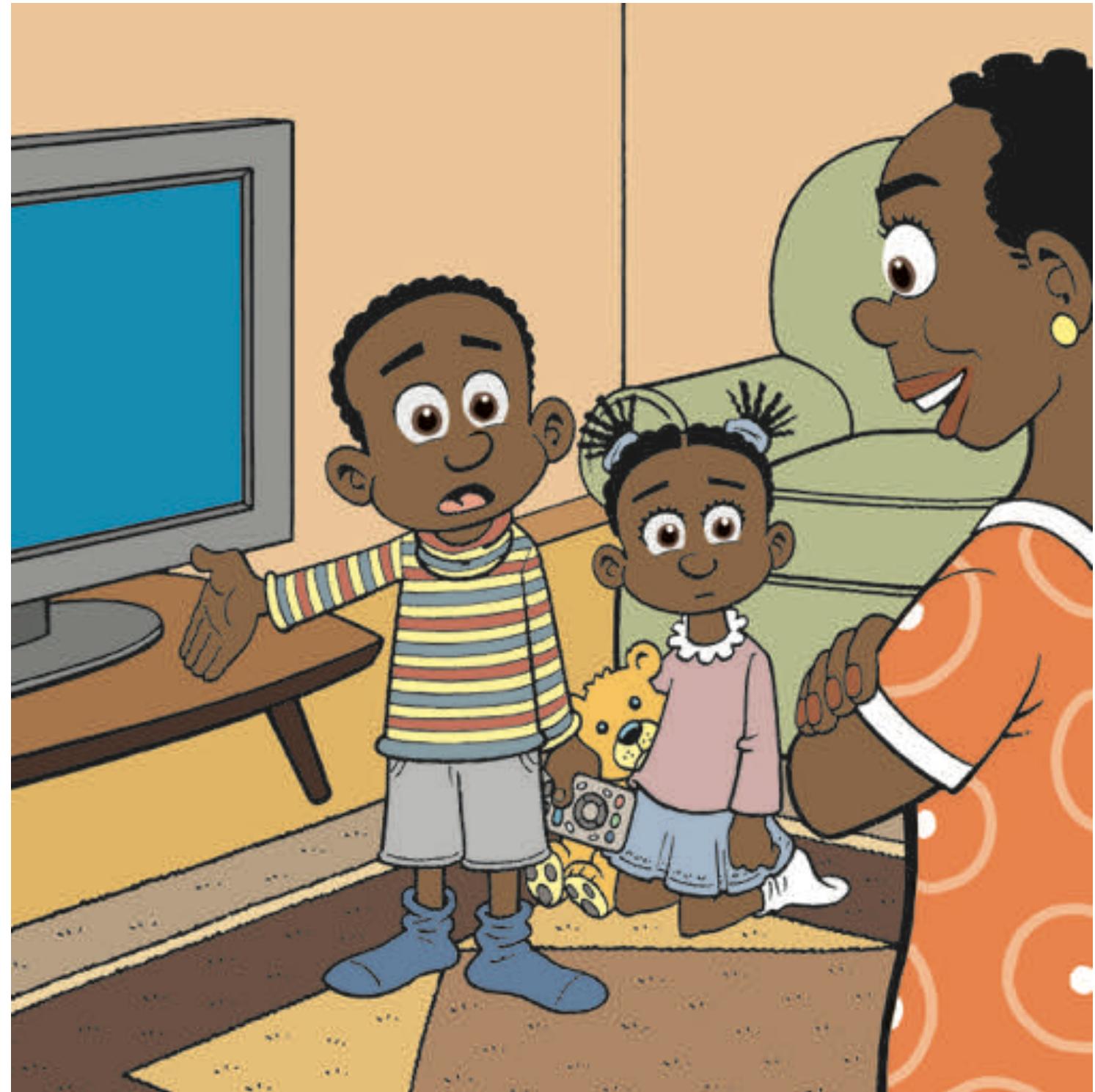


“Kago, Neo -  
timang TV. Ke  
nako ya go robala.”

“Ao Mama, o reela  
gore ga re kake ra  
lebelela go le gonne?”  
ga bua Kago, ka kutlo  
botlhoko.

Mmagwe-bana a  
bua ka monyenyo,  
“Ngwanaka, wa itse  
gore ka 8, ke nako  
ya go robala. Le  
tshwanetse go robala  
sentle pele ga sekolo  
kamoso.”

“Ke nako ya gore le  
ikgotlhe meno, le  
tlhape sefatlhego, lebe  
le tsaya le melemo ya  
lona,” a tlalaletsa ka  
monyenyo. “Tlang, a  
re yeng.”





“Mama, a nka go  
botsa potso?” ga  
bua Neo a ntse a  
tlhana meno.

“Ee, ngwanaka, o  
ka botsa,” ga fetola  
Mmagwe-Neo.

“Bosigo bongwe  
le bongwe, pele  
ga re robala, re  
nwa melemo.  
Ka goreng re  
tshwanetse go dira  
jalo?”

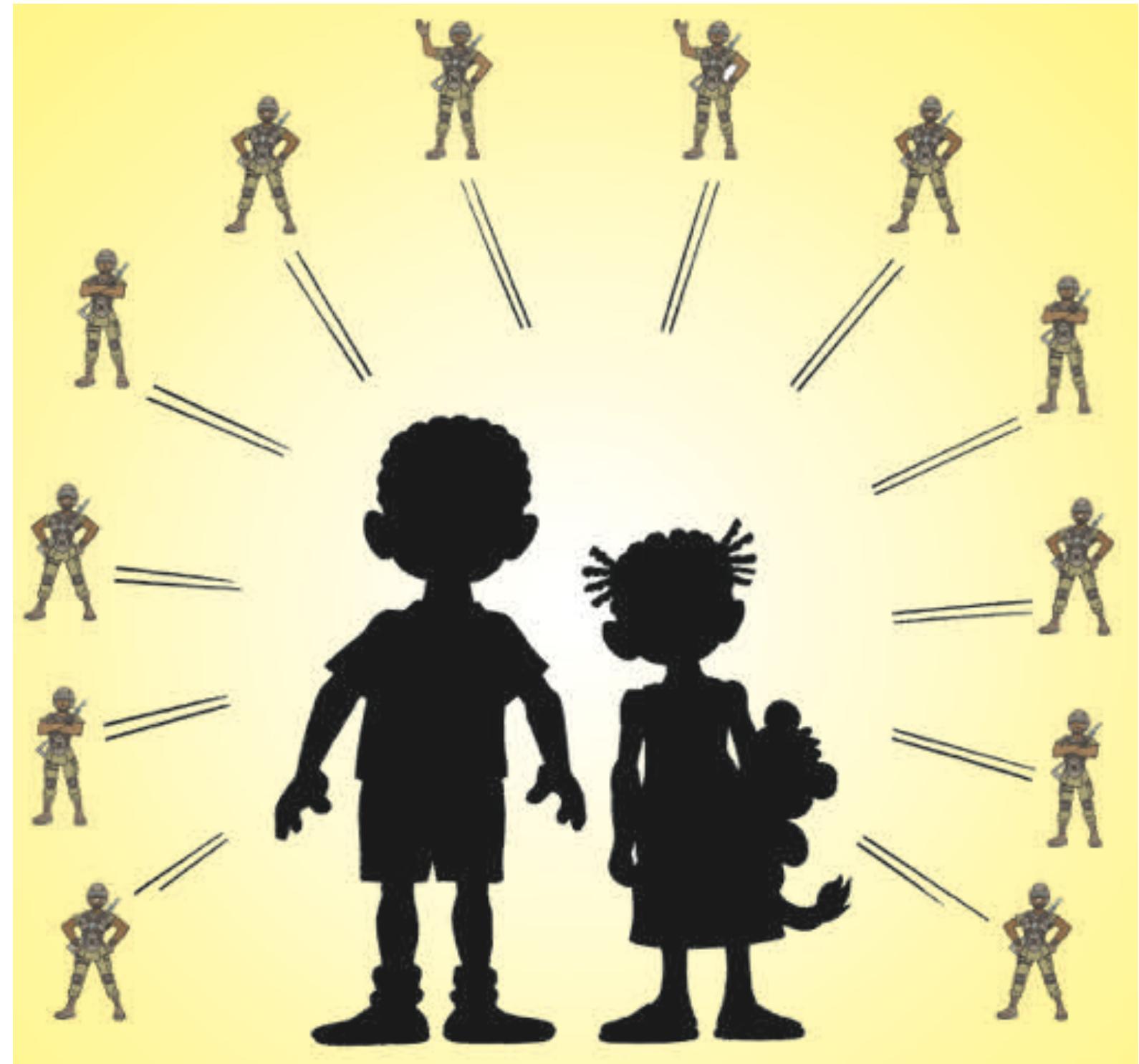
A close-up illustration of a woman's face. She has dark brown skin, large expressive eyes, and is smiling broadly. She is holding a white toothbrush in her right hand and a small white tube of toothpaste with a green cap in her left hand. Her hair is pulled back.

“Bongwanaka, le tshwanetse go nwa melemo tsatsi  
le letsatsi go thusa masole a mmele a lona.”

Kago ka tsietsego, a botsa “masole a mmele a rona?” “Ke bo mang bao? Ga ke ise ke bone masole a mmele ape nna.”

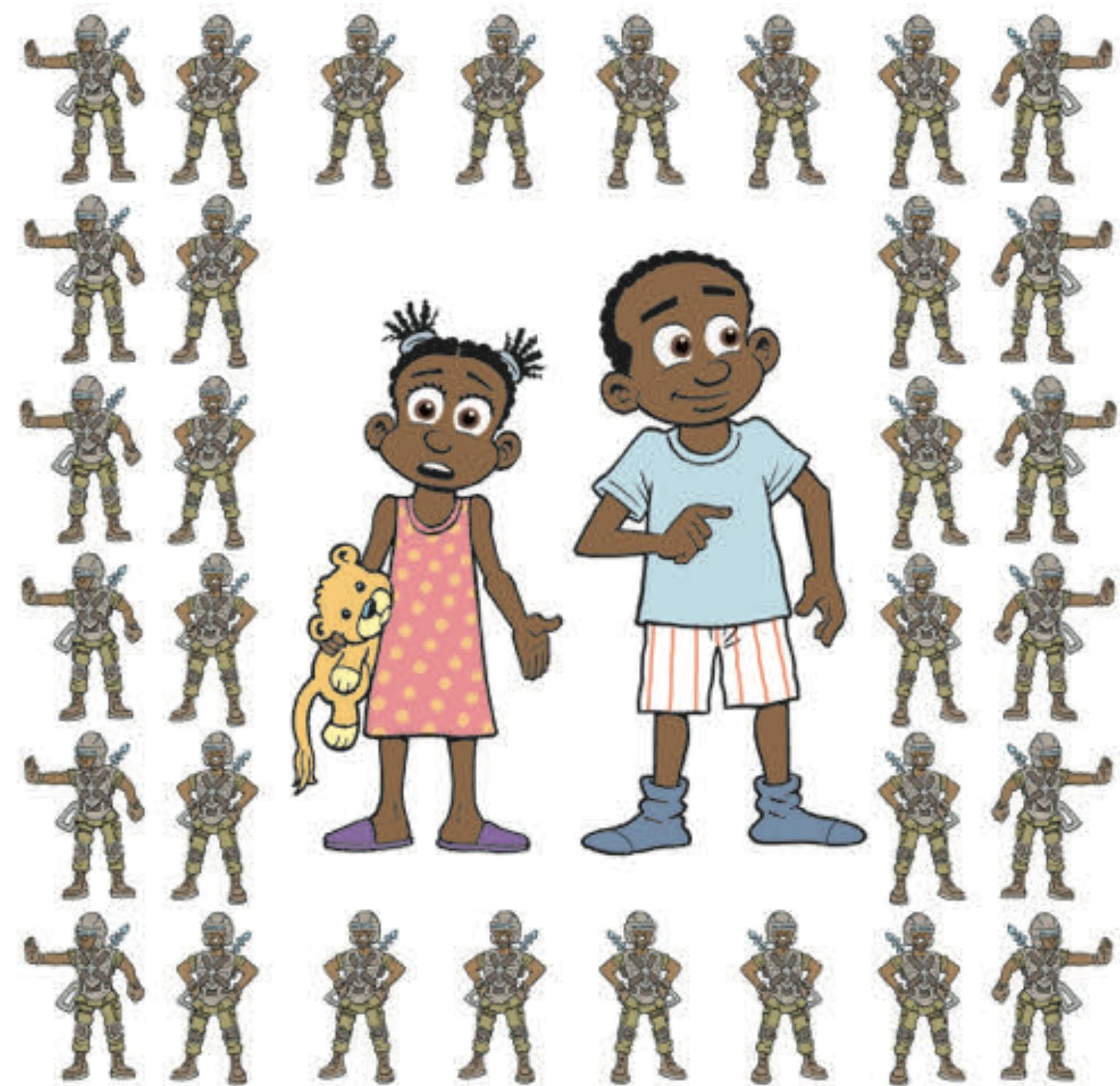
A medium shot illustration showing two young children in a bathroom. In the foreground, a young girl with curly hair and a blue headband is smiling and brushing her teeth with a pink toothbrush. Behind her, a boy with short hair and a light blue shirt is looking towards the camera with a neutral expression. In the background, there is a white sink and a mirror. The boy is holding a wooden stick.

“Ke nnete, Kago.  
Ga o kgone go a  
bona ka gore a  
mannye thata,”  
ga bua mmagwe-  
bana.



“Mo mmeleng  
wa gago, go na le  
masole a mmele a  
mantsi. Gongwe le  
gongwe ko o leng  
teng, a nna a le  
teng le wena go go  
sireletsa.”

“Go re sireletsa  
mo go eng?” Neo  
a botsa.

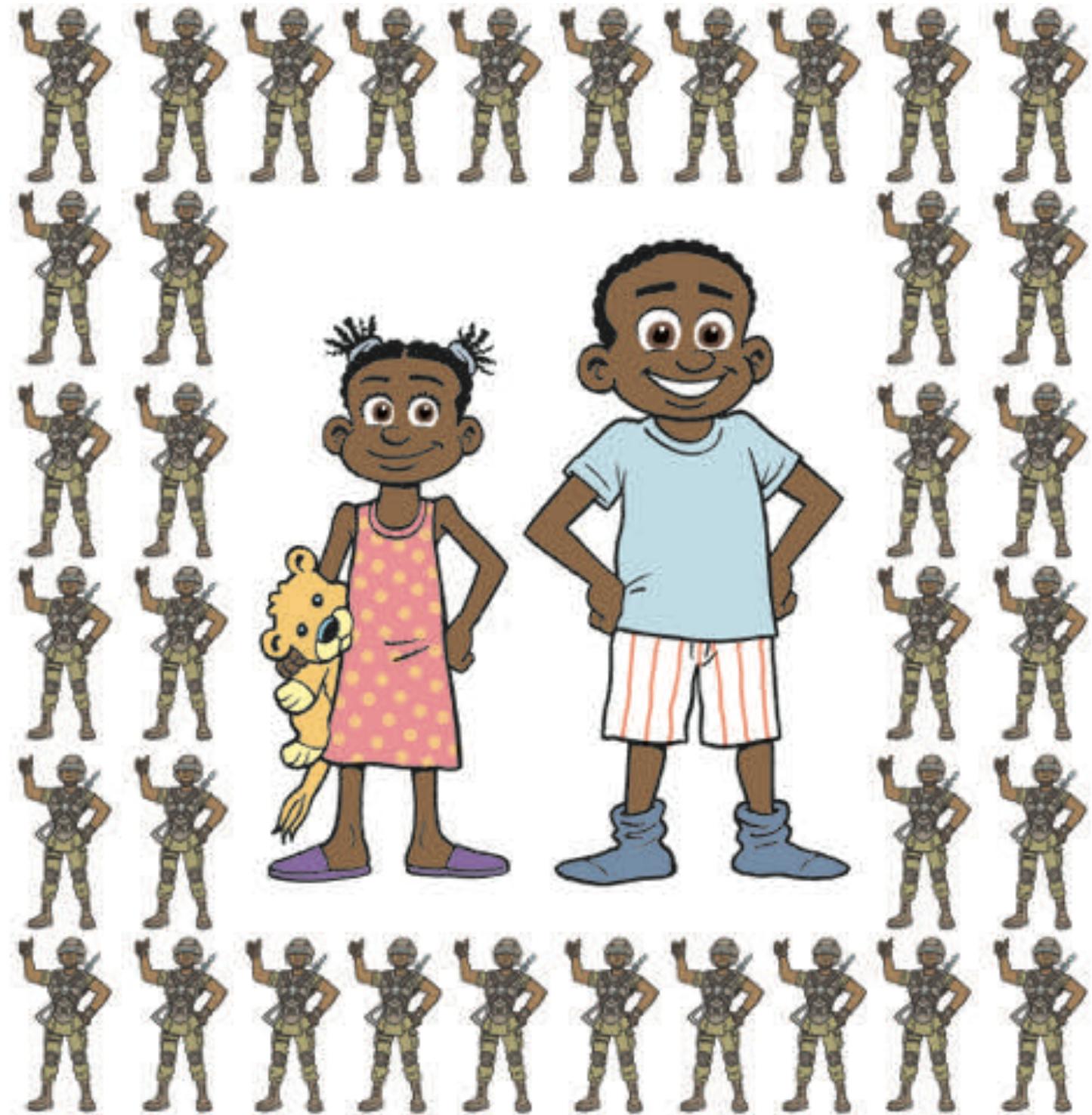




Mmagwe-bana  
a nyenya a bo  
a simolola go  
tlhalosa.

“Ka nako tsotlhe,  
fa le ya sekolong  
le fa o tshamekela  
kwa ntle, go na le  
megare e lekang  
go go koafatsa.  
Masole a mmele  
a gago a nna  
fela mo ntweng  
kgatlhhanong le  
megare e.”

“Fa masole  
a mmele a  
gago a fanya,  
o ikutlwa o le  
botoka ebile o le  
matlhagatlhaga.”





“Mme, go na le megare e ka imelang masole a mmele a gago,” mmagwe-bana a tlalaletsa. “Fa se se diragala, megarenyana e mengwe e ka fenza ntwa kgatlhanong le masole a mmele a gago.”

“Fa o sa nwe  
melemo ya gago,  
masole a mmele  
a gago a retelelwa  
ke go feny, se se  
dira gore o tlhoke  
go ikutlwa sentle.”

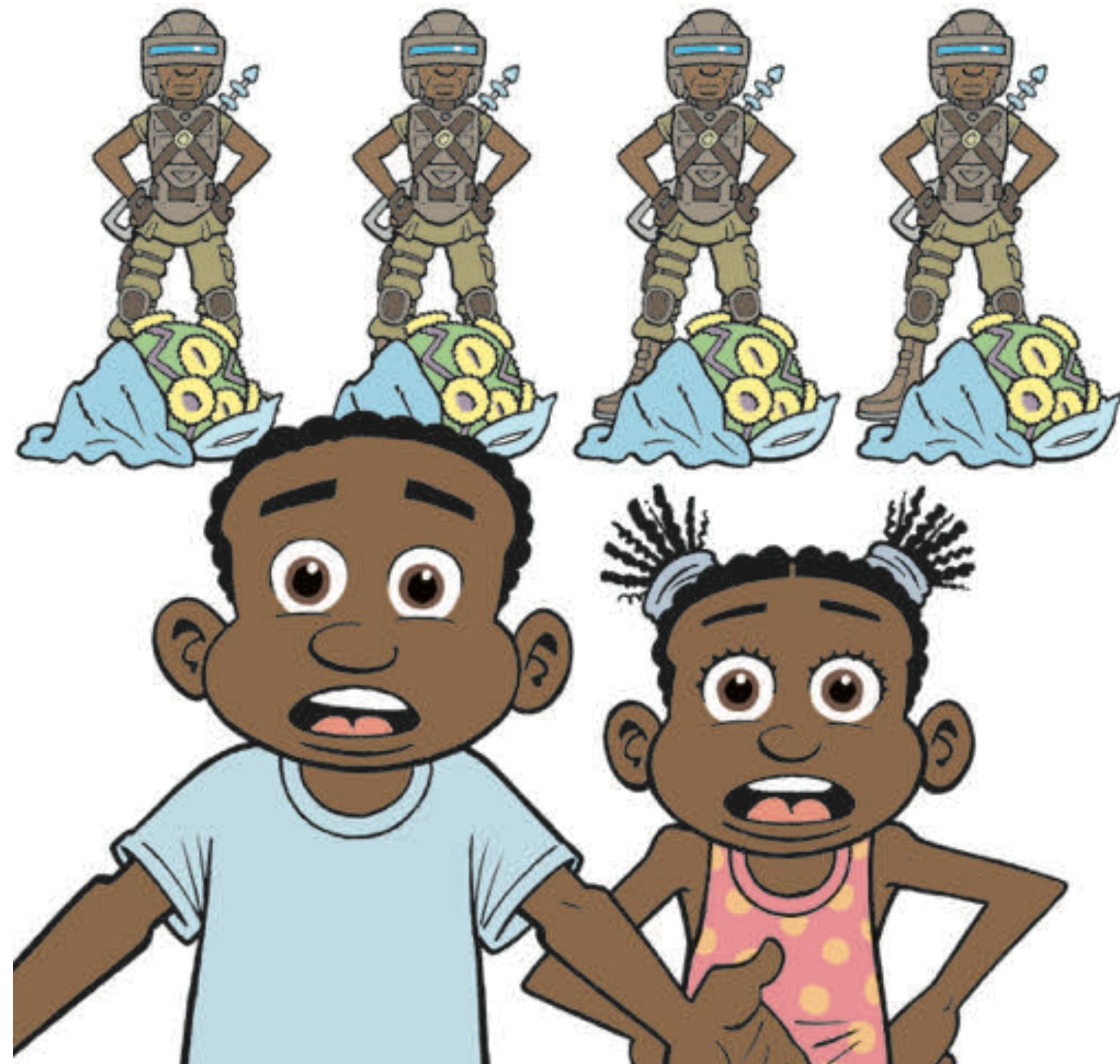


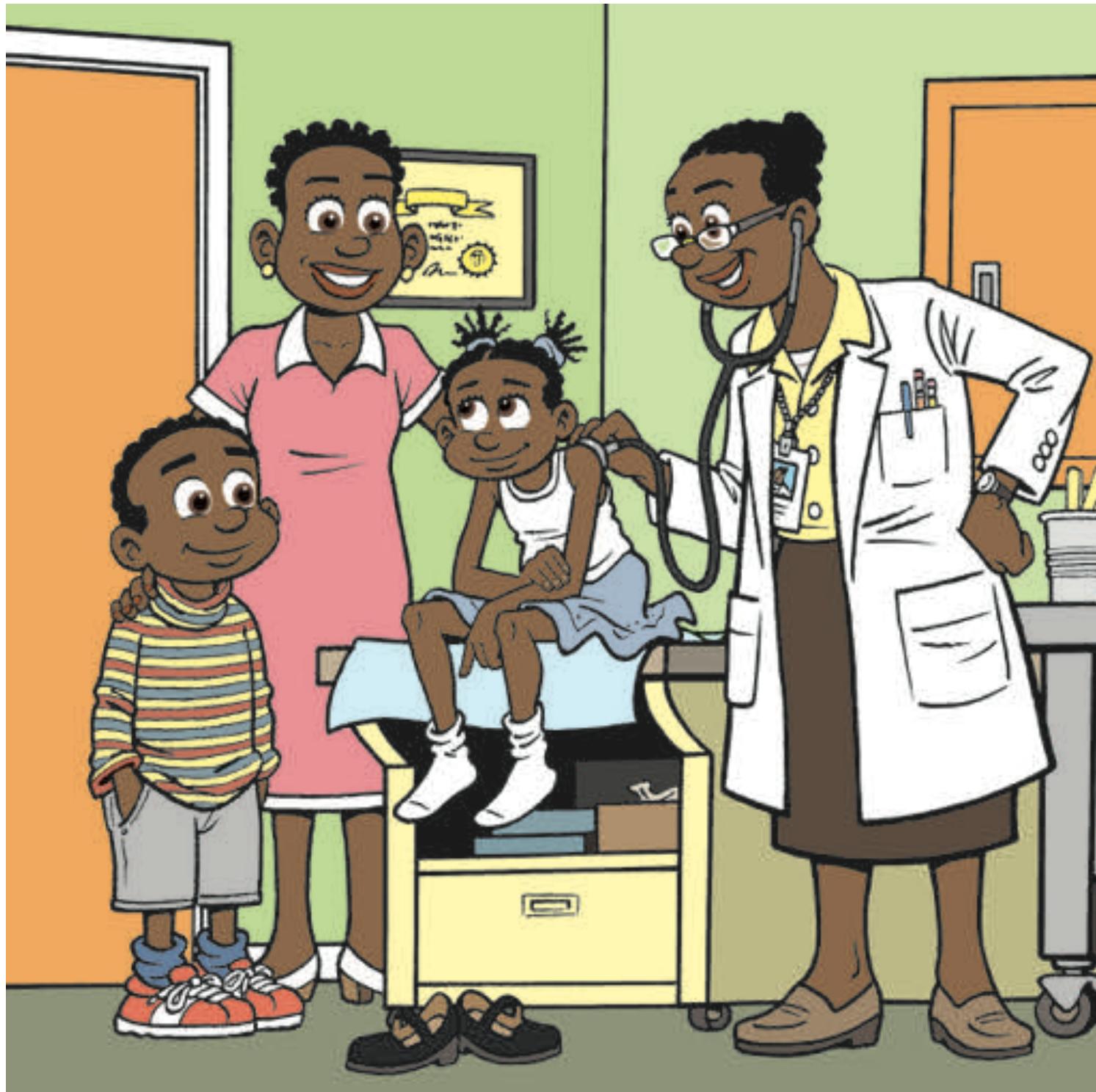


“Go nwa melemo,  
go robatsa  
megare, go  
thuse le masole  
a mmele a gago  
gore a tswelele  
a fanya. Go nwa  
melemo e, ke  
tsela ya go thusa  
masole a mmele a  
gago.”

“Mme, ga ke rate  
melemo yame.  
E a nkotsedisa  
gape e dira gore  
mpa yame e nne  
botlhoko.”

“Ee,” ga tlalaletsa  
Neo. “Nako tse  
dingwe ke tswa  
boswata, nako  
tse dingwe ke  
tsewa ke sedidi ka  
mabaka a melemo  
e.”





“Bongwanaka,” mmagwe-bana a fetola. “Le bua nnete. Nako tse dingwe melemo ya lona e ka dira gore le tlhoke go ikutlwā sentle. Ke ka mo le tshwanetseng go bona ngaka ka nako ya lona ya loeto la ngaka. Ke sone seo ka nako nngwe ngaka a fetole melemo ya lona.”

“O ka botsa kana go bolelēla ngaka sengwe le sengwe ka nako tsotlhē, ngaka ke motho yo o ka motshepang,” ga tlalalaletsa mmagwe-bana.

“Mme fela, le tshwanetse go nwa melemo ya lona letsatsi le letsatsi go thusa masole a mmele a gago,” mmagwe-bana a tlalaletsa. “Ka dinako tse dingwe, batsadi ba lebala go le fa melemo ya lona. Fa se se diragala le re gakolole re le fe melemo ya lona.”





“Mama, ga ke tlhaloganye. Bontsi jwa ditsala tsame, ga ba nwe melemo malatsi otlhe. A ke farologana le bone? A go tsaya melemo yame go reela gore seemo same se ko tlase gona le sa bana ba bangwe.”

“Bana ba bangwe ba tshwanetse go nwa melemo go thusa masole a mmele a bone,  
ba bangwe ga ba tlhoke go dira jalo. Mme fela, bana botlhe ga ba farologane.”



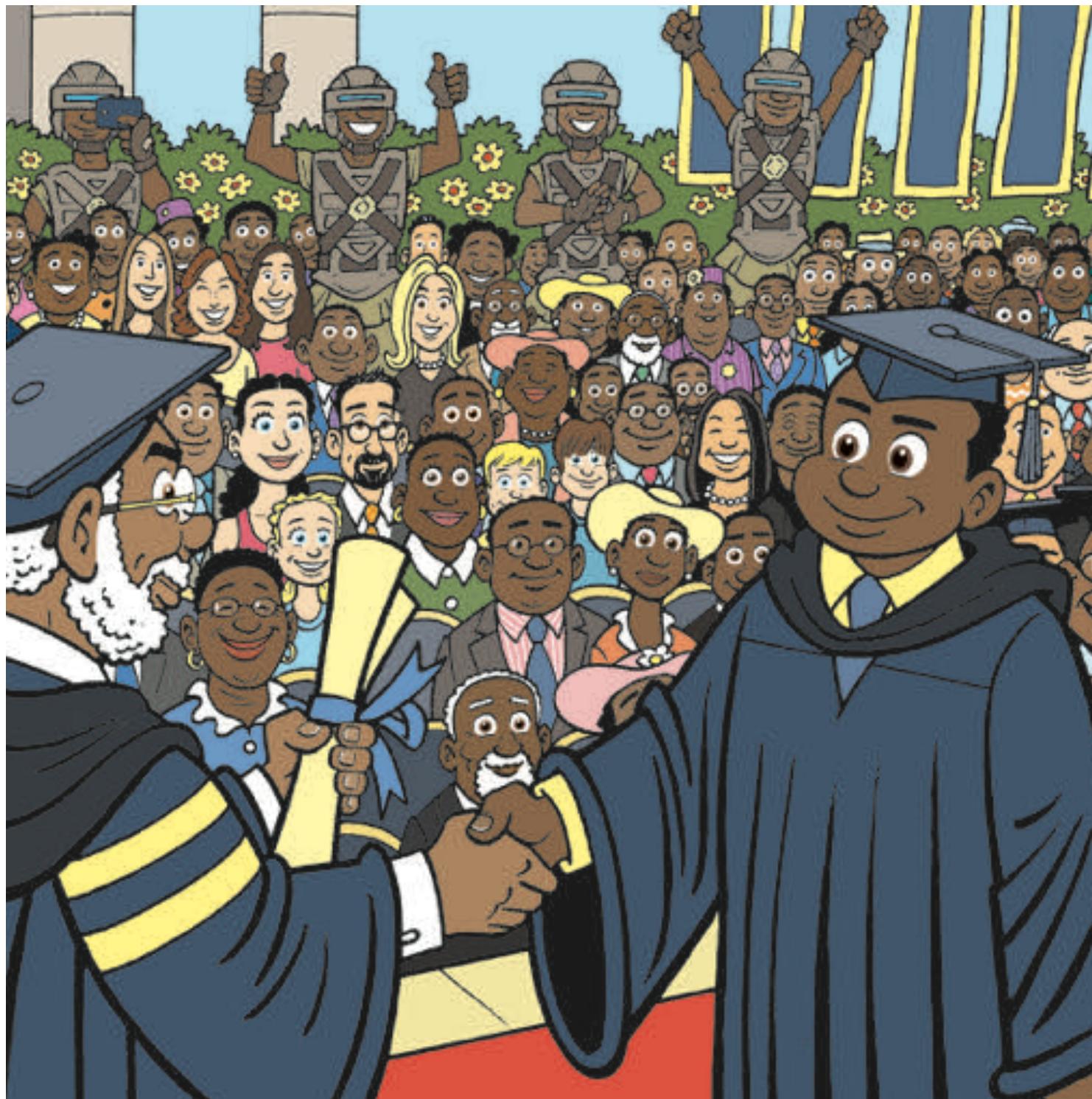
“Fa o nwa melemo ya gago, masole a mmele a gago a tla go direla go feta go go  
babalela mo megareng. Masole a mmele a gago a tla go thusa go fitlhelela se o se  
batlang mo botshelong.”



“Fa ole ko sekolong,  
masole a mmele a  
gago a tla bo a le teng  
a go thusa go ithuta  
o bo o gola go nna  
bothhale.”



Ko lebaleng la kgwele ya dinao, masole a mmele a gago a tla go thusa gore o itekanele gore o kgone go nosa nno ya phenyo.”



Fa o aloga ko  
mmadikolo, ke ka  
gore masole a mmele  
a gago a go thusitse  
go nna o itekanetse  
gore o ithute sentle.

“Go sa kgathalasege  
gore o dira eng mo  
botshelong jwa gago,  
masole a mmele a  
gago a tla go thusa go  
fitlhelela ditoro tsa  
gago ka go go thusa  
gore o itekanele.”

“Gongwe letsatsi  
lengwe o tla bo o le  
seopedi sa maemo.  
Fa go ntse jalo,  
masole a mmele a  
gago a tla bo a le teng  
a go rotloetsa.”





“Gongwe letsatsi  
lengwe o tla bo ole  
modiragatsi wa  
metshameko ya  
TV. Fa go ntse jalo,  
masole a mmele a  
gago a tla bo a le teng  
a go thusa.”

“Gongwe letsatsi  
lengwe, o tla bo o le  
moagi wa maemo.

Fa go ntse jalo  
masole a mmele a  
gago a tla bo a le  
teng go go thusa.”





“Nako nngwe o tla  
bo o nyetse o na  
le bana ba eleng  
ba gago. Fa go  
ntse jalo, masole  
a mmele a gago a  
tla bo a le teng go  
sireletsa ba lelwapa  
la gago.”



“Masole a mmele a gago ke tsela ya botshelo jo bo itumedisang.  
Ke ka mo o tshwanetseng go nwa melemo ya gago.”

“Jaanong, re a tlhaloganya gore keng re tshwanetse go nwa melemo ya rona,” ga bua Kago a nwa melemo ya gagwe.

“Melemo e, e thusa masole a rona. Gape ke one masole a rona a re itumedisang abo a re fa boitekanelo.”



“Boroko  
bongwanaka,” ga  
bua mmagwe-bana.  
“Robalang sentle,  
le itse gore masole  
a mmele a lona a le  
sireleditse.”





